

Capturing metabolites that originate from the CNS in broader circulation

The exchange of substances across the blood-brain barrier (BBB) is regulated by various mechanisms, including the selective transport of metabolites using transporters¹

Uptake transporters bring small non-lipophilic molecules from circulation into the endothelial cells and then the brain

Efflux transporters pump small molecules out of the brain into the bloodstream

Direct efflux from the BBB allows small molecules to return to broader circulation

Endothelial cell
Brain capillary
Tight junction
Pericyte

Brain
CSF
Meninges
Skull foramina
Meningeal and cervical lymph nodes
Lymph

Cerebrospinal fluid (CSF) drainage can occur via lymphatic vessels at the base of the skull, among other routes²

Brain-derived metabolites pass through the BBB, CSF, and lymphatic system into blood, where they can be **non-invasively captured**

CSF composition reflects the balance between the uptake and release of metabolites between interstitial fluid (ISF), cells of the CNS, and peripheral circulation^{1,3}

1. Fabian et al. (2021). Lipid Transport and Metabolism at the Blood-Brain Interface: Implications in Health and Disease. *Front. Physiology*. doi: 10.3389/fphys.2021.645646.
2. das Neves et al. (2021). CNS-Draining Meningeal Lymphatic Vasculature: Roles, Conundrums and Future Challenges. *Front. Pharmacol.* doi: 10.3389/fphar.2021.655052.
3. Gianfranco et al. (2021). Glymphatic System as a Gateway to Connect Neurodegeneration From Periphery to CNS. *Front. Neuroscience*. doi: 10.3389/fnins.2021.639140